

Towards understanding and responding to self-harm

Free online talk for parents in Kildare and West Wicklow
21 February 2023 from 7-8pm

This **online** talk is for parents who would like to know more about self-harm and how to respond to it.

The talk will be co-facilitated by **Madeleine Connolly**, Senior Social Work Practitioner and Family Therapist in Lucena (CAMHS) and **Dr. Sadhbh Byrne**, Assistant Professor at the Department of Psychology, Maynooth University.

They will present some Australian and Irish research on understanding self-harm, which includes the perspectives of other parents and carers, as well as young people who have engaged in self-harm. The talk will also draw on Madeleine's experience supporting parents who have responded to self-harm.

This talk is intended for parents only.

Places are limited. [Click here to book.](#)

If you need more information, contact niamh.crudden@hse.ie.

