



The Blue and Gold

February



ALL
SHOOK
UP

MARCH 10TH 11TH 12TH
7.30pm
Assembly Hall

Current Affairs

We're All Shook Up!!!

Article Written by Aaron Wafer and Conor Gale

The crew of this year's TY musical are hard at work in preparation for the showing of their production "All Shook Up" on the 10th, 11th, and the 12th of March.

Our reporters Aaron and Conor were privileged to interview nine members from the production crew. The general response from the performers was that they were all excited for the show however they found it difficult to learn how to put on American accents and learning their lines.

Now that everything is in full swing people are working nonstop to stay on schedule. We wish them all the best of luck and we can't wait to see the performance on the 10th, 11th and 12th of March.

Actor/Crew member - Role

Rachel Keane & Abbie Addams - Dancers/Artists

Jimmy Behan & Calum - Construction Team

Micheal Shiel - Sheriff Earl

Calum Finglas - Dennis

Callum Bolton - Chad

Adam & Jamie - Extras/Dancers/Solo Singer

Joan O'Toole - Natile

Ava Cronin - Ms Sandra

Julia Iarantseva – Sylvia



Use of Mobile Phones

Article Written by Liv Hamilton

Since the world saw the first iPhone, smartphone usage has steadily become an accepted part of our daily lives.

Many students in this school have had a mobile phone for years. The average age of a child getting their first phone is 10 years old. Their first phone generally would have been an i-phone. However some parents don't consider the effect this has on their children

We are glued to our phones. Because we rely on our phones for communication and connection, it can be hard to gauge when excessive smartphone use becomes unstoppable. Smartphone addiction can result in sleep deprivation, increased stress levels, depression and anxiety. However it can be used for educational purposes. For example, it is very useful for Kahoot and communication and Google classroom.

It's excessive use that can be the problem. For people who don't have a smartphone, the pressure to need one increases. It's hard not to be on your phone when you see others on their own phones. We become anti-social and unaware. So remind yourself to be social, to be mindful of those around you. If they're on their phones, put yours down and start a conversation. Don't be stuck on your phone. Be present.

Coronavirus: Are We Prepared?

Article Written by Liv Hamilton

We all know that the effect of the Coronavirus has had widespread media coverage over the past month. The first case of the virus has been recently confirmed in Northern Ireland and even more recently in Glasnevin. Are we prepared for it here? Across the world, schools have had to close due to the virus. This will have disastrous effects on students doing their exams,

or CBA's. The virus spreads mainly from person-to-person, between people who are in close contact with one another (within about 6 feet) via respiratory droplets produced when an infected person coughs or sneezes. Our school must be prepared for the coming pandemic. Some simple advice: wash your hands before and after you eat, use hand sanitiser,

be aware of others when in public places to try and avoid infection. Be vigilant!



1st and 2nd Year Penpals

Article written by Katie Smith

Students from First and Second Year have Penpals.

First Years

The First Years have Penpals from a school in Virginia, Cavan. Ms Bucke, an English teacher in our school, decided to team up with a school in Cavan to allow First Year students to improve their writing and vocabulary skills, but also to keep the act of writing letters alive. Permission slips needed to be signed by a Parent/Guardian to coincide with The Child Protection Data Act, which aims to keep students safe. As a result, students are not permitted to trade contact or social media information. The first letters have been sent off and are awaiting a response.

It's great fun and a good way to improve their formal writing skills, which is what the students are currently studying in English. We hope The First Years are enjoying this opportunity and that this experience benefits them greatly in future.

Second Years

The Second Year French classes have also been communicating with penpals from some schools in France, organised by the French Teachers. The aim of the penpals is to improve both the Irish students' French skills and the French students' English skills in an unorthodox way. They do this by writing letters to improve sentence structure and vocabulary. One of the French teachers, Ms Doocey has a friend from Picardie, France, Mr Vincent Pailler who teaches English in a French school. Mr Pailler grew up in France, and is currently teaching in Le College Emile Lambert. As with the First Years, the Child Protection Data Act forbids the sharing of contact information between any students. Ms Doocey's students chose their penpals at random, by picking names out of a pile. The first letters were recently sent, but we are yet to receive a response. Penpals are an amazing way to communicate with someone without

technology, and to learn about different cultures and people.

We would like to thank all the teachers involved in this project for helping to make this happen and for giving our students this amazing opportunity to learn and improve their skills in a fun way.



Fourth Year Mini Companies

Article written by Katie Smith

The TY's have set up mini companies. One of these companies sell self-care packs, aiming to improve wellbeing. The little hampers contain bath bombs, lip balms, hand warmers, a notebook and pen and a booklet with information about mental health. A percentage of the profits will go to Aware, an organization whose aim allow students to treat themselves every once in a while,

and give them a break from their hectic lives. We encourage everyone to purchase a pack to support Aware's effort and to give yourself a break. is to provide support for those suffering from mental health, while also educating others on the nature of depression and related issues. These donations will fund various advertisements, and help Aware to continue to spread its support.

The rest of the earnings will be used to create more packs. This business is a great way to raise awareness of mental health issues and to promote self-care, something we could all do with a little more of!

Music club for all!

Article written by Alexandria Butler

Do you have an interest in music? Do you wish to further your musical skills? Then you should join the music club! The music club is a fun place to jam out to some funky songs. The music club is taught by Callum and it only has a €12 entry fee for the entire term! The club is held in the music room after school on Wednesdays.



Interview with Ms Lennon

Article written by Adam Birmingham

To learn more about our staff in the school, we decided to do an interview with one of our school's vice principal, Ms Lennon. And this is what we found out...

Firstly, we decided that the most important question to ask was:

What is her main job as vice principal?

My main job in its simplest form is, the assistant day to day running of the school. But I do also promote the school.

Secondly, we asked her when she was a teacher what subjects did she teach

When I was a teacher, I would teach my two favourite subjects. Those being Maths and Physics, but I preferred Maths.

Next, we discussed the idea of her being a teacher again, and asked what subjects would she teach

If I was to be a teacher again, I would still teach Maths and Physics.

After that, we asked, why did she go into teaching

I got into teaching because I loved the subjects back when I was a student, and I wanted to give my love for them to pupils.

Finally, we asked her if she wanted to go back to being a teacher again or stay as a vice principal, considering the responsibilities that come with both.

Out of all the questions this is the hardest one. In a perfect world I would do a bit of both.

Thanks Ms Lennon for taking part in our interview. We hope you enjoyed reading!



French Students Visit CPC

Article written by Rebecca Walsh

Over the course of the last week, there were four French exchange students in CPC. In late March of 2019, four then TY, now 5th year students, Séamus Gervin, Nathan Rusk, Benjamin Martin and Rebecca Walsh stayed in Argentré-du-Plessis in France for two weeks to better improve their French and to learn about French culture.

This week, each of them had a student staying with them, Léa Bouhour with Rebecca, Eva Sorin with Nathan, Candice Nayagom with Séamus and Maxime Huteau with Benjamin. The French students attended classes with their correspondents, as well as visiting certain French lessons throughout the week.

Activities such as bowling, a trip to Kilkenny, and a trip to

Dublin were arranged outside of school, and the students left on Sunday the 1st of March. Luckily we got an interview with Léa before they did.

Q. What's your name?

"My name is Léa Bouhour."

Q. Could you tell us a bit about your town, Argentré-du-Plessis?

"It's a town of 4,000 inhabitants. It's a small and pretty town in Brittany, a province in the north-west of France."

Q. How are you enjoying your experiences so far in CPC? Is it different from your school in France?

"Yes, it's good. It's a beautiful college. It's different because you have a uniform and we don't. The hours too, our school starts at 8.20 and finishes at 4.40. It's also

different because we go outside for small break and you do not. We also have PE three hours a week, and the younger years have four."

Q. Would you do this exchange again and would you recommend doing it to people?

"Yes, because it's a chance to learn about another culture."

French Students Visit CPC



Entertainment

Extra Curricular Activities

Article written by Aideen Stein

There are many after school activities available in our school that are open for anyone to join. Joining an after school club or activity has many advantages, such as meeting new people and discovering a new interest. Some include:

The chess club that takes place during lunch on Mondays, it is run by Mr Dzilic in the library. It gives students a chance to play chess in the school and meet new people. Chess is a game that raises your IQ, can improve your memory and prevent mental diseases such as alzheimers and dementia.

Science club takes place after school on Tuesdays, it is run by Ms Doyle and Ms Higgins in Biology Lab 2. In science

club experiments are conducted and students have entered national science competitions such as the 'BT Young Scientist' and 'SciFest'. It's open to any science enthusiasts or anyone who wants to try something new.

The Debate club takes place on Mondays after school, it's run by Ms Bucke and Ms Beckett in room 15. You are given a topic to debate on, you can choose whether you agree or disagree, and you can change your opinion at any time.

There is a Mindfulness Room run by Ms Carty in the office on the 2nd floor, it is opposite room 23, which you can go to at any time with permission from a teacher.

Finally, there is the Green Schools for Student council which is run by Ms Quinto.



Movie Review of Joker (2019)

Article Written by Jack Carroll

When asking people about comic books, DC Comics is one of the first companies people can think of. With its creation in 1934, this titan of modern media has been behind the creation of many recognisable fictional figures in pop culture, from Superman, to The Flash and the focus of this review, The Joker and his character study presented in the 2019 movie named after him.

Joker is a film that takes a unique look on the Joker and his origin story, where instead of being a criminal who dove into chemicals which disfigured him, this movie instead looks at a man named Arthur Fleck and his spiralling descent into insanity thanks to the crumbling society of the late 1970's to early 1980's Gotham City.

The Clown Prince of Crime has been portrayed by several actors within the history of movies and television shows centred on Batman, all of which the portrayals were taken

extremely seriously by the actors and all portrayals were critically acclaimed. Joaquin Phoenix's portrayal is yet another amazing version of the Joker, showing us the descent of Arthur Fleck's sanity both through words and actions. Phoenix's spontaneous acting style is also a perfect fit for the Joker character, with behind the scenes footage showing how one simple change in how Phoenix performs a scene can drastically change the tone of the scene.

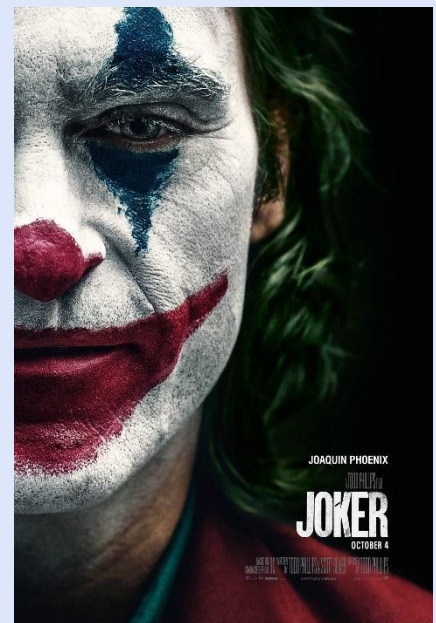
The cinematography of this film is also very well done, the camera angles tight and filled with detail that shows off the dreary and crumbling Gotham that Arthur Fleck lives in as well as the emotions of the characters.

Joker is a movie I would consider "a comic book movie for those not interested in comic books", it tells a story of a well-known comic book character in a unique

manner that doesn't rely on the viewer knowing anything about the characters origin prior to viewing, yet at the same time it gives fans of the franchise a new and interesting look at a character they've seen for years and grown to love.

Final rating: 5/5

Age rating: 15+



Sports

CPC VS. Enniscorthy

Article Written by Lorcan Murphy

CPC Kilcullen.....3-10
Enniscorthy CBS.....2-9

On a Thursday morning, the junior boys' team lined out against a strong Enniscorthy side. It was a beautiful day for a match and the Hawkfield second pitch was well drained and ready to be trampled on.

First Half

Enniscorthy got off to the better start, kicking a nice score that was well worked. CPC seemed nervous and took a while to settle down. CPC got their first score with a free kick from Alex Anderson, struck beautifully.

Two minutes later, Lorcan Murphy scored a well worked team score. Straight after CPC won a poor Enniscorthy kick out and Jamie Duggan was unlucky not to get a goal, blazing it just over the bar. Enniscorthy looked to get back on top, with a score by number 15. CPC then

started controlling possession and won a free kick close in to the goals. It was converted by Alex Anderson off the deck.

Enniscorthy number 9 made it level again, sticking the ball over the black spot. The game looked to be level at halftime until Daragh Lynch stuck the ball into the right side netting, after good move by CPC. The teams went into halftime at 1-3 to 0-3 in favour of CPC.

Second Half

CPC started off the half well, with captain Sean Furlong getting an amazing score from the tight angle. Jamie got a point a minute after that. Enniscorthy managed to get one back with a free kick from number 14, who also got another one a few minutes after. Feidhlim Behan struck one over for CPC in the 37th minute. Alex kicked another point

from a free. The following kick out CPC pressured hard and were rewarded with the ball and a goal, finished by Jamie. Callum Bolton then scored a free kick on the angle.

Enniscorthy managed to pull back a goal with number 11 putting it through Cormac Barker's legs. CPC had a perfect reply though with a goal themselves. There was some controversy around a square ball but the referee gave it in the end. Enniscorthy pressured CPC getting men forward. They won a penalty which was finished well by number 14. Then got another point two minutes later. CPC were starting to feel the pressure especially after Alex got a second yellow card and was off. They finished off well though with Conn Killeen kicking a super score to finish the game. It ended 3-10 to 2-9 to CPC. The Junior team will now progress to a South-Leinster final.

CPC VS. Clonaslee

Article Written by Lorcan Murphy

CPC Kilcullen.....17
Clonaslee.....44

The CPC 1st year girls basketball team had a tough opposition in the shape of Clonaslee on Thursday the 13th of February.

Clonaslee got the first basket in the game early on in the first quarter. This was quickly equalised by Saoirse Gallagher. CPC kept the pressure on, attacking the basket at every chance they got. As the quarter progressed Clonaslee started getting into the game with the score at 6-4. Clonaslee didn't let up and by the end of the quarter it was 8-4 in favour of Clonaslee.

CPC came out strong in the second quarter with a basket coming from Saoirse O'Brien to bring CPC within 2 points. Clonaslee started to gain a lead scoring 6 more points in the next few

minutes. Emma Cremin managed to get a basket to close out the quarter. This made the score 14-8 to Clonaslee at halftime.

Clonaslee didn't let up in the third quarter coming out and scoring within the first sixty seconds. As the quarter progressed, Clonaslee continued to increase their lead and midway through the quarter the score was 18-8. Clonaslee then pushed that lead to 26-11 at the end of the third quarter.

Clonaslee showed no mercy in the last quarter and continued making basket after basket. CPC tried to mount a comeback even though it was near impossible.

Caoimhe Egan and Saoirse O'Brien both scored but it was too little too late. It finished 44-17 with Clonaslee victors.



CPC Vs Naas

Article Written by Lorcan Murphy

CPC Kilcullen.....1

Naas CBS.....0

It was a big day for the CPC senior boys soccer team on Friday as they took on Naas in the Midlands Division 1 soccer final in Newbridge Town's astro. They had battled hard through the various stages of the competition and were looking to leave with some silverware. Conditions weren't ideal for either team, with a strong wind blowing across the field. It was Naas who got off to the better start, forcing CPC keeper Rihards Matvejevs to make a brilliant save to keep CPC on level terms, after a powerful shot, which looked destined for the top corner. Naas controlled possession but were unable to break a solid CPC backline. Naas had a good chance which fell to number 8 but he was unable to capitalise and the ball went to the left and wide of the post. Naas dictated the flow of the game for the first 10 minutes not letting CPC get a look in. In the 14th

minute CPC finally strung a move together putting pressure on the Naas defence. A good cross was put in by Nathan O'Reilly which fell to Ruairi Conway. He looked set to fire CPC into the lead before he was tackled brilliantly by a Naas defender. In the 19th minute Naas got on top again with a good counter attack only stopped by Jake Murphy, who put it out for a corner. A minute later the Naas number 10 was through on goal for a 1 on 1 with Richard, only to drag his shot to the left and wide. In the 28th minute CPC worked their way up the pitch to win a free kick in a dangerous position. The ball was whipped in but was cleared by the Naas defence. It was in the 34th minute the highlight of the half occurred. Ruairi Brown gained possession deep in the CPC half before going on a run past multiple Naas defenders and into the box. His powerful shot hit the post and Naas visibly looked relieved. CPC remained on

top for the later stages of the half with Nathan coming close, before Ruairi went on another dangerous run into the Naas box, however the Naas defence dealt with it better this time. The half-time score was 0-0 which was a fair reflection of the game with Naas starting stronger and CPC ending the half on top.

The second half began and Naas CBS dominated the possession and the game, creating chances aplenty but they all ended up wide of the goal. Eleven minutes into the second half, Naas put together a beautiful piece of football, carving through the CPC defense, their striker receiving the ball on the edge of the box, picking his spot and firing the ball towards the goal, only to be saved yet again by CPC goalkeeper Rihard. CPC successfully weathered the Naas storm and started creating chances of their own. Their first shot of the half was taken by prolific striker Nathan O'Reilly when CPC produced a swift counter attack from a Naas corner,

which forced the Naas keeper to pull off a diving save. CPC started to dominate the game from the 55th minute onwards creating even more clean cut chances, at this moment in the match only one team was looking likely to score and it wasn't CBS. They were holding out as well as they could, but it turned out this wasn't good enough to defend against a red hot CPC attack.

. In the 72nd minute CPC put together a rapid counter attack moving the ball from one end to the other in seconds. They created an overload in the attack which proved successful as Callum Bolton's shot from the edge of the box was tapped in by Adam Downes, after the keeper spilled it right into his path

The scenes after this goal were ones of uncontrollable happiness personified by the substitutes running down the sideline screaming and shouting in joy. With only a couple of tense minutes left in the final Naas CBS couldn't find a way through the CPC defence which was being commanded by captain and leader Jamie Sherry. CPC held out and were crowned as champions of the Midlands.

